

A SAFE,
FRIENDLY
PLACE TO
SHARE, TO
QUESTION AND
TO NETWORK
ABOUT
ADDICTION'S
IMPACT

Meetings:

***4th Wednesday
of the month.
6:00 to 8:00 pm
in the LEAVEN
Community
Room at:***

***1475
Opportunity Way
Menasha, WI 54952***



The Daybreak Project

The Fox Cities, Wisconsin
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Don't wait.

If drug abuse/addiction has reached a dangerous level and has put you or someone you know in imminent danger, don't wait to attend our meetings. Please take the brave step of reaching out for help. You'll find the Fox Valley Region "Guide to Substance Abuse Treatment and Recovery Support" here:

www.winnebagodac.org



The Daybreak Project



A gathering of people whose lives have been affected by someone's use and misuse of substances. We gather together to share our experiences, our struggles and our successes as we navigate the many challenges we face as a result of another's substance use.

The Daybreak Project
The Fox Cities, Wisconsin
Making solutions accessible



When addiction enters your life, it's a new day

Whatever life you lived before your wife, your husband, your partner, your child, your friend fell to addiction, is different from the life you will lead from now on.

It's a new day. With new confrontations, new decisions, new needs and new dangers.

Unfortunately, most of that new day will be a mystery. How do you begin to cope? To navigate the maze of situations—personal, legal, institutional—that will come, quickly and relentlessly?

Some people have been there before, and their experience is an invaluable resource we may have neglected.

Until now.

One big, friendly kitchen table

In the Fox River valley, there are any number of support/treatment groups for addicts.

But families of those affected by the addict's self-destructive attitude and behavior have far fewer resources.

That's why we're building a "coffee at the kitchen table" kind of group where people can pull up a chair, grab a cup of coffee and be with others dealing with the same problems.

Often they have no resources for questions as simple as, "How do I move someone toward treatment," or "How do I engage the jail system," or "How will addiction affect my family's relationships, and how quickly must I react?" They may be facing the shame that commonly attaches to even raising addiction questions with friends or extended family.

Addiction is accelerating across ages and family situations in the Fox Cities. Perhaps a group of networked, caring folks can provide resources, reassurance and comfort to those non-addicts who must, nonetheless, deal with the impact of addiction in their lives.

That's our mission.

How difficult is it to join?

There is no membership! No fee! Nothing to sign and nothing to provide!

Simply come to one of our meetings, grab a chair and participate as much as you want to. You won't be forced to participate and you won't be singled out if you simply want to sit in the back and listen.

Every meeting will have a brief opening by our principal advisor, recovery advocate Jamie Loehnis. Then there will be a short program aimed at providing insights and advice to those dealing with an addict—perhaps a police officer, speaking about legal challenges, a doctor talking about physical dangers, or a family counselor talking about relationship or sibling risks. We'll then open the meeting for questions or solutions that attendees have, with the hope that we can help each other.

In the future, we hope to offer a network of volunteers and a roster of resources that can be accessed at a moment's notice by those who need answers...and need them *right now*.

It's a new day, when you have to deal with addiction. There's no reason you have to face that new day all by yourself.

